



To aid the achievement of our vision we recently launched the regulated **First Aid for Mental Health courses** as detailed below. We provide them in association with **Nuco Training** and **First Aid Awards (FAA)** as awarding body.

FAA Level 3 Award in Supervising First Aid for Mental Health (RQF)

This **2 Day (12 Hours)** course builds on the Level 2 Award in First Aid for Mental Health and covers a wider range of mental health conditions. It goes into detail on the range of therapy and professional support that a person may be given by professional bodies during treatment for a mental health condition.

The course is aimed at those who hold a supervisory/managerial level position with responsibilities for implementing positive mental health culture and First Aid for Mental Health within their organisations.

Course content

A wide range of subjects are covered including:

- First Aid for Mental Health
- Identifying Mental Health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- A large range of mental health conditions covered in detail

Assessment

Summative practical assessments will be undertaken by the instructor on each day, along with a written assessment. There is no external assessment required.

Class size

A minimum of 5 and maximum of 16 students can be accommodated on this course. All candidates must be a minimum age of 16 years to qualify.

Course location

We are able to deliver this course on your site. This reduces your costs in addition to additional time that could be spent travelling.

Certification

Upon successful completion of the qualification assessment, learners will be awarded the Ofqual regulated Level 3 Award in Supervising First Aid for Mental Health (RQF). This qualification is valid for three years from the date of achievement. It is strongly recommended that learners attend annual refresher training.

To discuss your specific requirements and our competitive rates, please contact us via details stated at the top of this document.